

Spring Racing Clinics

AT HARVARD

The **CRIMSON SAILING ACADEMY** has two racing clinics scheduled for this spring. We are offering an **Advanced Team Racing Clinic** on **March 22-24** and the **Sailing the Collegiate Dinghies Clinic** on **April 19-21**. Both clinics are **three-day clinics** intended for high school, junior and college sailors who wish to learn collegiate sailing techniques and practice like one of the top college sailing teams in the country. **No housing is provided.**

Advanced Team Racing

March 2011						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	<i>ATR Clinic</i>			25	26
27	28	29	30	31		

The **Advanced Team Racing Clinic** will cover the fundamental attitude, the overall plan and the fine details of execution required to team race at the highest level. The clinic will include classroom, video, and on-the-water sessions. Sailing will take place in Harvard's fleet of FJ dinghies. Come as a team of 3 boats or come as a boat. A minimum of 6 boats is required for the clinic to proceed.

ATR Cost: \$200 per sailor (\$400 / boat)

Location: Harvard Sailing Center, Cambridge, MA - [map](#)

Sailing the Collegiate Dinghies

April 2011						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	<i>StCD Clinic</i>			22	23
24	25	26	27	28	29	30

Sailing the Collegiate Dinghies Clinic is a great opportunity for sailing teams that need a little extra coaching boost to get some additional instruction. All aspects of sailing the **Collegiate FJ** and **420** will be covered. Specific topics will include **straight-line speed, tacking, gybing, and boat handling for starting**. Sailing will take place in Harvard's fleet of FJs and 420s.

StCD Cost: \$185 per sailor

 www.CrimsonSailingAcademy.com

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