

Massachusetts Bay League Clinic for Student Sailors

Saturday, March 21, 2009
10 AM – 3 PM

Instructor
Stu McNay

Location:
Massachusetts Institute of Technology
Room 4-270

Cost \$10
Lunch Provided

The classroom clinic is open to all high school sailors and coaches
Please RSVP to massbayleague@gmail.com

If you have any specific topics or questions
that you would like to see discussed in the clinic,
please include those in your RSVP.

www.MassBayLeague.org

Our instructor, Stu McNay....

Stu McNay has been an active sailor and racer for all his life. He is currently an assistant coach at Yale and was a member of the US Olympic Sailing Team, helming the 470 in China this past summer.

While an architecture student at Yale, Stu was team captain for two years (2003,2004). Stu was honored as a collegiate All-American in 2003 and 2005, and was a finalist for College Sailor of the Year in 2005. While at Yale, Stu received the New England Intercollegiate Sailing Association (NEISA) Sportsmanship Trophy and was nominated for national Collegiate Sailing Sportsman of the Year.

Stu has been a member of the US SAILING Team in 2002, 2004, 2005, 2006, 2007, and 2008. In 2007, he and his teammate, Graham Biehl, won the US Olympic Trials in the 470 class, securing a berth on the US Olympic Team for the Olympic Games held in China last summer.

In 2001, Stu won the Vanguard 15 North American Championships.

A word from our sponsor....

Vanguard Sailing Center of Rhode Island

The Vanguard Sailing Center of RI offers a broad range of gear and equipment from Gill, Ronstan, Magic Marine, Harken, and Gul, and boats from Laser Performance (formerly Team Vanguard). [Scholastic discount pricing](#) is available.

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www.laserperformance.com
Monday – Friday 10am – 5pm
Saturday 10am – 4 pm